

# Atlantic Packaging Wellness Incentive Program 2023 Annual Physical with Labs/ Biometric Screening Form

**NOTICE TO MEMBER**

Please fill out the top portion of this form and take it to your medical provider when you complete your biometric health screening. This activity **must** occur between September 1, 2022 and August 31, 2023 to count towards the Atlantic Packaging 2023 Wellness Incentive Program activities. **Once completed by your provider, it is YOUR responsibility to return this form to Marathon Health at the contact information below.** BY COMPLETING THIS FORM AND SUBMITTING IT TO MARATHON HEALTH, YOU CONSENT TO THE DISCLOSURE BY MARATHON HEALTH TO ATLANTIC PACKAGING THAT YOU HAVE COMPLETED THE BIOMETRIC SCREENING. We will not disclose the specific results reported on this form and will use the results only to support the health services that we provide to you. You may revoke your consent to this disclosure at any time by sending us a notice in writing. Your revocation will not apply to information already disclosed by Marathon Health pursuant to this form.

TODAY'S DATE

PATIENT LOCATION

PATIENT NAME (Please Print Clearly)

DATE OF BIRTH

EMPLOYEE ID

**NOTICE TO PROVIDER**

Your patient has an opportunity to complete a biometric screening as a part of a wellness incentive program. Please review the components to be included in the screening. When the screening is complete, please fill out this form, sign and date it and return it to the patient. Please fill out this form completely.

QUALIFYING PROGRAM ACTIVITY	DATE OF EXAM	PROVIDER INITIALS
ANNUAL PHYSICAL		
ANNUAL HEALTH SCREENING CRITERIA	DATE TEST ADMINISTERED	RESULTS
BODY MASS INDEX (BMI)		Height _____ in. / Weight _____ lbs BMI _____ . _____
WAIST CIRCUMFERENCE		Value: _____ in.
BLOOD PRESSURE		Value: _____ / _____ mmHg
TOTAL CHOLESTEROL		Value: _____ mg/ dL
HDL CHOLESTEROL		Value: _____ mg/dL
TOTAL CHOLESTEROL TO HDL RATIO		Value: _____ . _____
HEMOGLOBIN A1C OR GLUCOSE		Value: _____ % or _____ mg/dL

PROVIDER SIGNATURE

PLEASE PRINT (OR PROVIDER STAMP)

PROVIDER PHONE NUMBER

**DEADLINES:**

**Forms due to Marathon Health no later than August 31, 2023**

**FAX OR EMAIL YOUR COMPLETED FORM TO THE FAX NUMBER OR EMAIL ADDRESS BELOW.**

**Marathon Health**

**F: 802.419.9688**

**E: wellness@marathon-health.com**



# Atlantic Packaging Wellness Incentive Program 2023 Provider Verification Form

## NOTICE TO PATIENT

Please fill out the top portion of this form and take it to your medical provider when you complete your preventive screening/exam or qualifying wellness activity. This activity **must** occur between September 1, 2022 and August 31, 2023 to count towards the Atlantic Packaging 2023 Wellness Incentive Program activities. **Once completed by your provider, it is YOUR responsibility to submit this form to the contact information below.** BY COMPLETING THIS FORM AND SUBMITTING IT TO MARATHON HEALTH, YOU CONSENT TO THE DISCLOSURE BY MARATHON HEALTH TO ATLANTIC PACKAGING THAT YOU HAVE COMPLETED THE ACTIVITIES DESCRIBED BELOW. You may revoke your consent to this disclosure at any time by sending us a notice in writing. Your revocation will not apply to information already disclosed by Marathon Health pursuant to this verification form.

TODAY'S DATE

PATIENT LOCATION

PATIENT NAME (Please Print Clearly)

DATE OF BIRTH

EMPLOYEE NUMBER

## NOTICE TO PROVIDER

Your patient has an opportunity to complete preventive screenings/exams or other health and wellness activities as a part of their employer or group health plan's wellness incentive program. Please complete the section below to verify that you have provided services to this patient.

### 2023 Incentive Program Qualifying Activities

Program Activity	Activity Date	Provider Signature or Stamp
Dental Cleaning/Exam		
Colonoscopy		
Mammogram		
Prostate Exam		
Skin Check		
Vision (Eye) Exam		
Well-Woman Exam		

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Marathon Health

F: 802.419.9688

E: [wellness@marathon-health.com](mailto:wellness@marathon-health.com)

