# APPLE HEALTH MOBILE SETUP

This integration allows you to sync your Apple device with WellRight's platform.



atlanticpkg.wellright.com | For assistance, email support@wellright.com

# FITBIT MOBILE SETUP

This integration allows you to sync your Fitbit device with WellRight's platform.



atlanticpkg.wellright.com | For assistance, email support@wellright.com

### FITBIT WEB SETUP

This integration allows you to sync your Fitbit device with WellRight's platform.

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### Log In via the Web

1. Log in to atlanticpkg.wellright.com

### Add a Device

- 1. On the navigation bar click on the word "Devices."
- 2. In the drop down menu rollover "Supported Devices."
- 3. Select "Fitbit."



# GARMIN MOBILE SETUP

This integration allows you to sync your Garmin device with WellRight's platform.



atlanticpkg.wellright.com | For assistance, email support@wellright.com

# GARMIN WEB SETUP

This integration allows you to sync your Garmin device with WellRight's platform.



By connecting with Your Wellness Program, you agree to share information from your Gamtin

### Log In via the Web

1. Log in to atlanticpkg.wellright.com



these se Contract	lections at any time in your Garmin	(		Activate
Data sha Weiness	and from Garmin Connect to the Your s Program app Activities	Devices ~	~	1. Click on "Allow All," or at minimum select "activity and exercise" and "profile."
Da Your We	lly Health Stats	Garmin	×	2. Select the "Allow" Button 3. Your device is enabled!
	Save	Supported Apps	~	Note: It make take a few minutes for your steps to



# **iHEALTH MOBILE** SETUP

This integration allows you to sync your iHealth device with WellRight's platform.



atlanticpkg.wellright.com | For assistance, email support@wellright.com

# **iHEALTH WEB** SETUP

This integration allows you to sync your iHealth device with WellRight's platform.



### Log In via the Web

1. Log in to atlanticpkg.wellright.com



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#### Add a Device

- 1. On the navigation bar click on the word "Devices."
- 2. In the drop down menu rollover "Supported Devices."
- 3. Select "iHealth".

Allow access to your iHealth     Devices ~     Connected Devices •     Co	You will be directed to log in to you iHealth account.
Allow access to your iHealth Blood Glucose Data Allow access to your iHealth Devices ~ Connected Devices • Connected Devices • Con	
Allow access to your iHealth Blood Glucose Data Allow access to your iHealth Devices ~ Connected Devices • Connected Devices •	
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Allow access to your iHealth Connected Devices 0 1. (	ctivate
Hearing Data	Checkmark all boxes and then clic "Link."
Link Health X 2. \	Your device is enabled!
Close Not	
Link 2. V	<b>Ctivate</b> Checkmark all boxes and then cl "Link." Your device is enabled!

# POLAR MOBILE SETUP

This integration allows you to sync your Polar device with WellRight's platform.



atlanticpkg.wellright.com | For assistance, email support@wellright.com

### POLAR WEB SETUP

This integration allows you to sync your Polar device with WellRight's platform.



### Log In via the Web

1. Log in to atlanticpkg.wellright.com



- Conditions." and then click "Accept."
- 2. Your device is enabled!

Note: It make take a few minutes for your steps to sync/update in the app.



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Supported Apps

# WITHINGS MOBILE SETUP

This integration allows you to sync your Withings device with WellRight's platform.

		Email username@provider.com Password	<ul> <li>Log In via a Mobile Device</li> <li>1. The WellRight App can be downloaded from the App Store or from the Google Play Store.</li> <li>2. Once loaded, open your WellRight app and log in.</li> </ul>
2	And the set of the set	9:07 • Sevent Menu Messen Statement Messen Statement Messen Statement Messen Statement Messen Statement Messen Statement Messen Statement	<ul> <li>Add a Device</li> <li>1. Click on the Menu icon (3 stacked dashes) in bottom right corner of the navigation bar</li> <li>2. Select the "Devices" icon and on the next screen "Authorize" to share your wellness information.</li> </ul>
STEP 3	Garmin () Health () Mapmylliness () Museper () Withings () Muthings () Muthin	EHAN, ADDRESS Densit address Reasonab Plaatecraf Forgot your persword? Sign In	<ul><li>Grant Permission</li><li>1. Click on the slider next to Withings.</li><li>2. You will be directed to log in to your Withings account.</li></ul>
STEP 4	You're going to authorize this partner: to retrieve the information of your user to retrieve activity data and sleep data to retrieve activity data and sleep data Allow this spp Betuse	E Constant C	Activate 1. Select "Allow this app" to complete connection. 2. Your device is enabled! Note: It make take a few minutes for your steps to sync/update in the app.

atlanticpkg.wellright.com | For assistance, email support@wellright.com

### WITHINGS WEB SETUP

This integration allows you to sync your Withings device with WellRight's platform.



### Log In via the Web

1. Log in to atlanticpkg.wellright.com



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step 3

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### **Grant Permission**

1. You will be directed to log in to your Withings account.

		Activate
You're going to authorize this partner: to retrieve the information of your user to retrieve metrics data to retrieve activity data and sleep data	Devices ~ Connected Devices  Vithings X	<ol> <li>Select "Allow this app" to complete connection.</li> <li>Your device is enabled!</li> </ol>
Allow this app	Supported Apps ~	Note: It make take a few minutes for your steps to sync/update in the app.

# MAPMYFITNESS MOBILE SETUP

This integration allows you to sync your MapMyFitness device with WellRight's platform.



atlanticpkg.wellright.com | For assistance, email support@wellright.com

# MAPMYFITNESS WEB SETUP

This integration allows you to sync your MapMyFitness device with WellRight's platform.



#### Log In via the Web

1. Log in to https://wellrightwellness.wellright.com/



HUNDE		Grant Permission	
AUTHORIZE Your Wellness Pr	ogram TO USE YOUR ACCOUNT?	1. Click on the clider payt to ManMyEitpe	
<ul> <li>Access and modify your workouts, prof</li> </ul>	le, routen, coursen, friendships, etc.	2. You will be directed to log in to your	
<ul> <li>Read data your triends have shared with</li> </ul>	fryou		
Imal or Username		MapMyFitness account.	
Parrieterd	=		
This application will have permission me		Activate	
This application will have permissions m: • Access and mostly year variations profile, trades, crosses, invested pages: • Read Latery year thereas have shared with year	Devices ~	<b>Activate</b> 1. Select "Authorize" to complete	
This application will have germissions m: • Access and motify your writiours, profile, makes, issues, thereadypay are: • Read data your thirsts have sheed with you Employ Courtments	Devices ~ Supported Devices	Activate 1. Select "Authorize" to complete connection.	
This application will have permission to: Access and mostly your verticus, profile, more, courses, freendarps ver. • Read alcocycus freends have shared with you Email or Coursesance Factored	Devices ~ Supported Devices	Activate 1. Select "Authorize" to complete connection. 2. Your device is enabled!	
Det applicator will have permession un: Accuse and motify your verticum, profile, males, touries, hierdologis at. Bead date your friends have shared with you Similar Demana Partnets Partnets AUTHORIZE	Devices ~ Supported Devices Connected Apps 1	<ul> <li>Activate</li> <li>1. Select "Authorize" to complete connection.</li> <li>2. Your device is enabled!</li> </ul>	
This application will have permeasion to: Accusa and modify your verticions, profile, makes, touries, theodologo are: Bread datasyour theoris have shared with you Simpl or tourname Passimoni AUTHORIZE	Devices ~ Supported Devices Connected Apps 🙃 NapMyFitness	Activate 1. Select "Authorize" to complete connection. 2. Your device is enabled! Note: It make take a few minutes for your steps to	



# RUNKEEPER MOBILE SETUP

This integration allows you to sync your Runkeeper device with WellRight's platform.



atlanticpkg.wellright.com | For assistance, email support@wellright.com

### RUNKEEPER WEB SETUP

This integration allows you to sync your Runkeeper device with WellRight's platform.



#### Log In via the Web

1. Log in to atlanticpkg.wellright.com





WellRight

### **Grant Permission**

1. You will be directed to log in to your Runkeeper account.

- Email +	2		Activate
Pasaward *	Devices ~	· -	<ol> <li>Select the "Log In" Button.</li> <li>Your device is enabled!</li> </ol>
Remember Me Eorgot Pasowood?	Connected Apps 🗿 Z Runkeeper	×	Note: It make take a few minutes for your steps to sync/update in the app.

# GOOGLE FIT MOBILE SETUP

This integration allows you to sync your Android device with WellRight's platform.

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nect your device or app by enabling ow, then allowing data access. For it results, only connect one that

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Choose an account to continue to WellBight

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#### **Enable Google Fit on Device Screen**

- 1. Click on the Menu icon (3 stacked dashes) in bottom right corner of the navigation bar.
- 2. Select the "Devices" icon and on the next screen Click on the slider next to Google Fit.

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#### Log into & select Google Account

- 1. Click on the "Sign in with Google" button.
- 2. Select Google account used with Google Fit.



